



RECREATIONAL CLASSES SPRING 2010

Registration Begins: " REC" - Tues Feb 16th 8:30 am
No classes Fri Apr 2nd, Sat Apr 3rd, Sun Apr 4th, Mon May 24, Sat May 29th

		Mon	Tues	Wed	Thu	Fri	Sat	Sun
	First Class	22-Mar	23-Mar	24-Mar	25-Mar	26-Mar	20-Mar	21-Mar
	Last Class	14-Jun	8-Jun	9-Jun	10-Jun	18-Jun	19-Jun	13-Jun
Pre-Mini Rollers - 5yrs coming out of KG	1 Hour 8:1 Ratio						10:30 M 11:00 M	
Mini-Rollers - 6-7 yrs; Cangym levels 1-3 - Gymnastics intro, body control & awareness	90 Minutes 8:1 Ratio	5:00 G 5:35 G	5:00 G	5:00 B 5:00 G	5:00 G	5:00 B	8:45 G 8:45 G 8:45 B 10:30 B 10:30 G 11:00G 12:30 G 2:00 G	
Rollers 8+ yrs; Cangym levels 1-3 - Entry point for older children to train with own age group	90 Minutes 8:1 Ratio	5:00 G	6:30 G		5:00 B		9:15 G 9:15 B 12:15 B 1:00 G 2:00 G	
Jr. Springers - 6-8 yrs; Cangym levels 4-6 - Focus on new skills and technique *Boys may be combined with Sr. Springer boys	2 Hours 8:1 Ratio	4:45 G	5:00 G 5:00 G	6:30 B	6:30 G	6:00 G	9:00 G 9:00 B 11:15 G 12:15 G 2:00 G	
Sr. Springers 9+ yrs; Cangym levels 4-6 - Challenge & skill development for those with intermediate skills *May be combined with Acros	2 Hours 8:1 Ratio	6:30 G	6:30 G	6:30 G			9:00 G 9:00 B 11:15 G 1:00 G	
Acros 8+ yrs, Cangym levels 7+ - Intermediate/advanced skills and focus on technique	2 hrs 8:1 Ratio	6:30 G	6:30 G	6:30 G		6:30 G	2:30 G	
Tumble & Tramp I & II - I: 8 yrs+, Level 1-6; II: 8yrs+, Level 7+	90 Minutes 8:1 Ratio	6:45 M 6:45 M			6:30 M 6:30 M		2:15 M	
Advanced Rec Boys - By try out only for 8yrs+. Cangym Badge Level 5+	2 Hours 8:1 Ratio						11:15 B	
Tumbling Ages 9 +	90 Minutes 8:1 Ratio						4:00 M	
Home School Program Ages 6-12 yrs mixed boys and girls	90 minutes 8:1 ratio		1:30 M					
Just Teens 13-16 girls only	2 hours 8:1 ratio						4:30 G	

FEES: 12 Weeks		
Pre-Mini Rollers	\$172	- Payment due at time of registration. No credits or refunds will be given after Mar 20th - A \$20 cancellation fee per person will apply if cancelling by March 20th Prorate fee of 1/8th the cost per class for late registrations based on availability. - Cash, Cheque, Debit, Visa & Mastercard accepted in person. Visa & Mastercard over the phone. - One time 10% per family discount, for 3rd+ sibling per fiscal year (July 1st to June 30th). - Annual \$15 insurance fee applies to all new or returning OGC Members. (July 1st to June 30th). - Try out classes available after session begins for \$10, \$15, or \$20. Payment required at time of booking <i>-LATE FEE OF \$20 FOR EVERY 15 MINS LATE ON THE PICK UP</i> *PARTICIPATION IN THE CLASS WILL BE RESTRICTED UNTIL PAYMENT IS MADE
Mini-Rollers & Rollers	\$235	
JR & SR Springers	\$295	
Tumble & Tramp I & II & Tumbling	\$235	
Acros & Adv. REC Boys	\$295	
Just Teens	\$295	
Home School Program	\$195	
		Please contact us at ogc@rogers.com or 613-722-8698 if you have any questions. Thank You!

