

# TRA COMPETITIVE - Pre-Competitive Group

Training Break
Holiday No Training
Regular Training Schedule
Provincial Competition
National Competition
Special Event
In House Competition

Jun-18						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	21	21	22	23
24	25	26	27	28	29	30

Jul-18						
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22	23	24	25	26	27	28
29	30	31				

Aug-18						
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Sep-18						
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23	24	25	26	27	28	29
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Oct-18						
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15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Nov-18						
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25	26	27	28	29	30	

Dec-18						
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30	31					

Jan-19						
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27	28	29	30	31		

Feb-19						
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24	25	26	27	28		

Mar-19						
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24	25	26	27	28	29	30
31						

Apr-19						
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21	22	23	24	25	26	27
28	29	30				

May-19						
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19	20	21	22	23	24	25
26	28	28	29	30	31	

Jun-19						
S	M	T	W	T	F	S
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16	17	18	19	20	21	22
23	24	25	26	27	28	29

## TRA Pre-Competitive Competition Schedule

Fun Meet	December 9th, 2018	OGC
Fun Meet	March 30th, 2019	OGC
Burlington InterClub Cup	June 1st and 2nd, 2019	Burlington Gymnastics Club

## Events and Facility Schedule

Summer Shut down	July 1-September 8, 2018	
1st Physical Testing	September 29th, 2018	Within each Group
Winter Holiday Party	Dec 21st	OGC 5:30-8:00 pm
Winter Holiday Shut down	December 22nd - January 1st, 2019	
2nd Physical Testing	January 5th, 2019	All together from 1:00-2:45 pm
Nutrition Seminars	January 19th & 20th, 2019	Hintonburg Community Centre
WAG L3-L5 & L6-10 Qualifier	March 1st-3rd, 2019	Ottawa Gymnastics Centre
TRA Program Year End Party	June 8th, 2019	6:00-8:30 pm
3rd Physical Testing	June 15th, 2019	All together
Year End Banquet	June 21st, 2019	Sala San Marco Event & Conference Centre 215 Preston St, Ottawa, ON K1R 7R1 5:00 pm
Last Day of Training	Week of June 25th-28th, 2019	at OGC