



**2024 Spring Session - PLEASE NOTE: Schedule is subject to change**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
First Class	Apr 8, 2024	Apr 9, 2024	Apr 10, 2024	Apr 11, 2024	Apr 12, 2024	Apr 6, 2024	Apr 7, 2024
Last Class	Jun 17, 2024	Jun 18, 2024	Jun 19, 2024	Jun 20, 2024	Jun 21, 2024	Jun 22, 2024	Jun 23, 2024
# of Weeks	10	11	11	11	11	11	11
<b>KINDERGYM DROP-IN</b>							
<b>BABYNASTICS (8 MTHS - 12 MTHS)</b>	11:30 AM (45 Mins)				11:30 AM (45 Mins)		
<b>TALL &amp; SMALL 1 YR OLDS PARENT ASSISTED</b>	10:00 AM	9:00 AM	9:15 AM			9:00 AM 11:30AM	9:00 AM
<b>TALL &amp; SMALL 2 YR OLDS PARENT ASSISTED</b>	9:00 AM	10:15 AM			10:15 AM	10:00 AM 10:30 AM	9:15 AM 10:00 AM
<b>TALL &amp; SMALL 3 YR OLDS PARENT ASSISTED</b>		11:15 AM			10:15 AM	9:45 AM 10:45 AM 11:00 AM	10:15 AM 11:15 AM 11:30 AM
<b>INDEPENDENT 3 YR OLDS</b>			10:30 AM (3/4 yr old)			8:45 AM	
<b>INDEPENDENT 4 YR OLDS</b>		4:30 PM		4:15 PM	4:00 PM	9:15 AM 10:15 AM 11:15 AM 11:45 AM 1:00 PM	8:30 AM 9:30 AM 10:45 AM 12:15 PM
<b>Purple and Turquoise 5-6 YR OLDS</b>	4:00 PM (Boys) 4:15 PM (Girls)			5:30 PM (Boys)	4:00 PM (Girls) 6:00 PM (Girls and Boys)	9:30 AM (Girls) 10:00 AM (Girls) 11:00 AM (Girls) 3:15 PM (Girls)	8:45 AM (Girls) 9:30 AM (Boys) 9:45 AM (Boys)
<b>Turquoise and Red 5-6 YR OLDS</b>	5:00 PM (Girls)		5:15 PM (Girls)			9:00 AM (Girls) 1:15 PM (Girls) 2:15 PM (Girls)	
<b>Red and Bronze 5-6 YR OLDS</b>		5:30 PM (Girls)	4:15 PM (Girls)			12:45 PM (Boys) 2:00 PM (Girls)	8:30 AM (Girls)
<b>Bronze and White 6-8 YR OLDS (2 HRS)</b>		6:15 PM (Girls)					
<b>Purple and Turquoise 7-9 YR OLDS</b>	6:15 PM (Girls)	6:30 PM (Girls)			7:00 PM (Girls)	10:45 AM (Girls)	9:45 AM (Boys)
<b>Turquoise and Red 7-9 YR OLDS</b>	5:30 PM (Girls)				5:00 PM (Girls) 7:00 PM (Girls)		
<b>Turquoise, Red, Bronze 7-9 YR OLDS</b>							10:45 AM (Boys)
<b>Red and Bronze 7-9 YR OLDS</b>	5:15 PM (Girls)		6:15 PM (Girls)	5:15 PM (Girls) 6:15 PM (Girls)	7:00 PM (Boys)	11:00 AM (Girls)	10:45 AM (Girls) 1:00 PM (Girls)
<b>Bronze and White 7-9 YR OLDS</b>	6:15 PM (Girls)						12:45 PM (Girls)
<b>White and Silver 7-9 YR OLDS (2 HRS)</b>				5:15 PM (Girls)		9:00 AM (Girls)	
<b>Silver, Yellow, Gold 7-9 YR OLDS (2 HRS)</b>							10:00 AM (Girls)
<b>White, Silver, Yellow, Gold 7-9 YR OLDS (2 HRS)</b>							2:00 PM (Girls)
<b>Red and Bronze 7+ YRS OLD</b>							8:45 AM (Boys)
<b>White, Silver, Yellow, Gold 7+ YRS OLD (2 HRS)</b>							
<b>Purple and Turquoise 9+ YRS OLD</b>				7:30 pm (Girls)		10:00 AM (Girls) 2:15 PM (Girls)	
<b>Turquoise and Red 9+ YRS OLD</b>	7:15 PM (Girls)						2:00 PM (Girls)
<b>White, Silver, Yellow, Gold 9+ YRS OLD (2 HRS)</b>			6:15 PM (Girls)			12:30 PM (Girls)	
<b>Yellow and Gold 9+ YRS OLD (2 HRS)</b>				6:15 PM (Girls)			
<b>Red and Bronze 9+ YRS OLD</b>			7:30 PM (Girls)				8:45 AM (Girls)
<b>White and Silver 10+ YRS OLD (2 HRS)</b>	6:30 PM (Girls)						
<b>Silver, Yellow, Gold 10+ YRS OLD (2 HRS)</b>							12:30 PM (Girls)
<b>White, Silver, Yellow, Gold 10+ YRS OLD (2 HRS)</b>				6:30 PM (Boys)			
<b>JUST JUMP (L1-4)</b>						1:00 PM	
<b>JUST JUMP (L5-8)</b>						2:00 PM	
<b>Rhythmic Girls 7+</b>						3:00 PM (Purple)	
<b>Homeschool</b>					1:00 PM		
<b>ADULT REC 18+ (Competitive Group TBD)</b>	Open Gym (8:30pm-10:30pm)	Beginner (5:30-7:00pm) Advanced (7:00-8:30pm)		Open Gym (8:30pm-10:30pm)			

**Additional Information**

Unless otherwise indicated kindergym and recreational classes are 1 hour long

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**There will be no classes on Saturday May 18, Sunday May 19 and Monday May 20 (Victoria Day Weekend)**

Check our website for any news: [www.ottawagymnasticscentre.ca](http://www.ottawagymnasticscentre.ca) or contact us at [info@ottawagymnasticscentre.ca](mailto:info@ottawagymnasticscentre.ca) or 613-722-8698

**Registration OPENS on Feb 8, 2024 @ 12pm (Noon) for children 6 yrs and under; and on Feb 13th, 2024 @ 12pm (Noon) for children 7 yrs plus**