



**2024 Fall Session - PLEASE NOTE: Schedule is subject to change**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>BABYNASTICS (8 MTHS - 12 MTHS)</b>	11:30 AM (45 Mins)				11:30 AM (45 Mins)		
<b>TALL &amp; SMALL 1 YR OLDS PARENT ASSISTED</b>	10:00 AM		9:15 AM			9:00 AM 10:00 AM	9:00 AM 10:00 AM
<b>TALL &amp; SMALL 2 YR OLDS PARENT ASSISTED</b>	9:00 AM	10:00 AM			10:15 AM (2/3 yr old)	9:15 AM 10:15 AM 11:15 AM	9:15 AM 10:15 AM 11:15 AM
<b>TALL &amp; SMALL 3 YR OLDS PARENT ASSISTED</b>		11:00 AM				9:30 AM 10:30 AM 11:00 AM 11:30 AM	8:30 AM 8:45 AM 11:30 AM
<b>INDEPENDENT 3 YR OLDS</b>			10:30 AM (3/4 yr old)		4:00 PM (3/4 yr old)	8:45 AM	10:45 AM
<b>INDEPENDENT 4 YR OLDS</b>		4:30 PM		4:30 PM		9:45 AM 10:45 AM 11:45 AM 12:00 PM 12:15 PM	9:45 AM 11:00 AM 12:00 PM 12:15 PM
<b>Purple and Turquoise 5-6 YR OLDS</b>	4:00 PM	4:00 PM	4:30 PM	5:30 PM	4:30 PM	9:00 AM 1:00 PM	1:00 PM
<b>Turquoise and Red 5-6 YR OLDS</b>	5:00 PM (Girls)	5:00 PM (Girls)			5:00 PM (Girls)	11:00 AM (Girls)	2:00 PM (Girls)
<b>Red and Bronze 5-6 YR OLDS</b>		5:30 PM		5:00 PM (Boys)		11:00 AM (Boys) 11:00 AM (Girls)	
<b>Purple and Turquoise 7-9 YR OLDS</b>	4:30 PM					10:00 AM	
<b>Turquoise and Red 7-9 YR OLDS</b>	5:30 PM (Girls)					10:00 AM (Girls)	2:30 PM (Girls)
<b>Red and Bronze 7-9 YR OLDS</b>		6:00 PM (Girls)			5:30 PM (Girls)	1:30 PM (Girls)	3:00 PM (Girls)
<b>Bronze and White 7-9 YR OLDS</b>							
<b>White and Silver 7-9 YR OLDS (80 mins)</b>	6:00 PM (Girls)			6:00 PM (Girls)			9:00 AM (Girls) 3:30 PM (Girls)
<b>Yellow, Gold 7-9 YR OLDS (80 mins)</b>			5:30 PM (Girls)	6:30 PM (Girls)			
<b>Red and Bronze 7+ YRS OLD</b>			4:00 PM (Boys)			10:00 AM (Boys)	
<b>White, Silver, Yellow, Gold 7+ YRS OLD (80 mins)</b>			5:00 PM (Boys)				
<b>Yellow and Gold 9+ YRS OLD (80 mins)</b>	6:30 PM (Girls)						10:30 AM (Girls)
<b>Red and Bronze 9+ YRS OLD</b>		6:30 PM (Girls)			6:00 PM (Girls)	2:30 PM (Girls)	
<b>White and Silver 9+ YRS OLD (80 mins)</b>			6:30 PM (Girls)				10:30 AM (Girls)
<b>JUST JUMP (L1-4)</b>						1:30 PM	
<b>JUST JUMP (L5-8)</b>						2:30 PM	
<b>Homeschool</b>					1:00 PM		
<b>ADULT REC 18+ (Rec &amp; Comp Classes TBD)</b>	Open Gym (8:30PM - 10:30PM)			Open Gym (8:30PM - 10:30PM)			

**Additional Information**

Unless otherwise indicated all recreational classes are 50 minutes long.

**PLEASE NOTE: Schedule is subject to change!**

**There will be no classes on Saturday, October 12th - Monday, October 14th (Thanksgiving Weekend)**

Check our website for updates: [www.ottawagymnasticscentre.ca](http://www.ottawagymnasticscentre.ca) or contact us at [info@ottawagymnasticscentre.ca](mailto:info@ottawagymnasticscentre.ca)