



Program Schedule - 2026 Spring Session

Day of the Week	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
First Class	April 13th	April 7th	April 8th	April 9th	April 10th	April 11th	April 12th
Last Class	June 22nd	June 16th	June 17th	June 18th	June 19th	June 20th	June 21st
Number of Weeks	10	11	11	11	11	10	10
BABYNASTICS (8 - 12 MONTHS) PARENT ASSISTED	11:30 AM						
TALL & SMALL 1 YEAR OLDS PARENT ASSISTED	10:00 AM	9:30 AM	9:15 AM			10:15 AM	9:00 AM
TALL & SMALL 2 YEAR OLDS PARENT ASSISTED	9:00 AM	11:00 AM (Indep)			10:15 AM	9:15 AM 10:00 AM 00 AM 11:	9:15 AM 10:00 AM 11:15 AM
TALL & SMALL 3 YEAR OLDS PARENT ASSISTED		11:00 AM (Indep)			10:15 AM	9:00 AM 30 AM 11:15 AM 9:	8:45 AM 15AM 10: 11:00 AM
INDEPENDENT 3 YEAR OLDS	4:00 PM		10:30 AM	4:30 PM	4:30 PM	8:45 AM 10:45 AM	8:30 PM 30 AM 10:45 AM 9:
INDEPENDENT 4 YEAR OLDS	4:00 PM		10:30 AM 5:00 PM	4:30 PM	4:30 PM	9:45 AM 10:30 AM 11:45 AM 12:15 AM	9:45 AM 30 AM 11:45 AM 12:15 PM 10:
PURPLE & TURQUOISE	4:30 PM	4:30 PM 30 PM	5:	4:30 PM	4:30 PM	9:00 AM 1:00 PM	8:45 AM 45 PM 1:30 PM 12:
TURQUOISE & RED	5:00 PM	5:30 PM		5:30 PM	5:30 PM	11:00 AM	
RED & BRONZE GIRLS			5:00 PM			3:00 PM	
RED & BRONZE BOYS					5:00 PM		
PURPLE, TURQUOISE & RED	5:30 PM		5:30 PM	5:00 PM (Purple/Turquoise)		10:00 AM (Turq/Red) 2:00PM	9:45 AM (P&T) 30 PM 2:
RED & BRONZE GIRLS		6:30 PM	6:00 PM	6:00 PM	6:30 PM	10 AM 2:00 PM	
RED & BRONZE BOYS							3:30 PM
Bronze & White Girls (80 minutes)							1:45 PM
WHITE & SILVER GIRLS (80 minutes)	6:00 PM 6:30 PM			7:00 PM			9:00 AM 3:30 PM
RED & BRONZE GIRLS		7:30 PM	6:00 PM		6:30 PM	2:00 PM	
RED & BRONZE BOYS							
WHITE & SILVER GIRLS (80 minutes)	6:30 PM (7+)		6:30 PM				10:30 AM
WHITE, SILVER, YELLOW & GOLD BOYS (80 minutes)							
YELLOW & GOLD GIRLS (80 minutes)				6:30 PM			10:30 AM
TOTALLY TRAMPOLINE							
JUST JUMP - All Levels		6:30 PM					
JUST JUMP - All Levels				7:30 PM			
All levels ADULT GYMNASTICS (90 minutes)					7:30 PM		
INTERMEDIATE/ADVANCED ADULT GYMNASTICS (90 minutes)							
ADULT DROP IN (2 hours)	8:30 - 10:30 PM			8:30 - 10:30 PM			
INCLUSIVE CLASS (45 minutes)						8:30 AM	
SALTOS (Invitation Only) (80 minutes)			7:00 PM		6:00 PM (Boys)		
Acro / Tumbling (Great for Dancers and/or Cheerleaders) (80 minutes)	7:00 PM						
HOMESCHOOL GROUP							
BIRTHDAY PARTIES 1 HOUR GYM + 1 HOUR PARTY						12:30 PM 3:00PM	

Additional Information

Unless otherwise indicated classes are 50 minutes long & co-ed