

Dear OGC Families,

We hope you are all staying healthy at home, and have found creative ways to be active! In our commitment to keep you informed and connected, we wanted to share a few updates with you:

- Based on information we have to date from Ottawa Public Health, our Governments, and the City of Ottawa, we will not be open before June 30th
- During this time of isolation, Gymnastics Ontario has an online program that provides a number of gymnastics programs, crafts, fun/educational games and activities which they are offering free of charge until May 15, 2020 to all members. Below are the steps to take in order to access it:

1. Visit the website <https://ottawagymnastics.webpowerup.com/>
2. On the right hand side click "Register with a Code"
3. On the next page fill out all information (create your own password) and use the group code Ottawa2020.

Thank you all for your understanding and continued support to our OGC community. We will update all of you regularly through our website and social media, and remain hopeful that we can return to our "normal" soon.

Be safe and be healthy everyone. We look forward to welcoming you back to the OGC as soon as possible.

Sincerely,

Sureen Gosal

Executive Director