

WAG Fall Training Schedule 2019/2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Group	Coaches
12:00-5:15	12:00-5:15	3:15-8:30		3:15-8:30	12:00-5:15	Group A	Mel
10:30-3:30		12:00-5:00	3:30-8:30		3:30-8:30	Group B	Connie
10:30-3:30		3:30-8:30		3:30-8:30	12:00-5:00*	Group C* and G	Amanda
3:30-8:30	3:30-8:30		3:30-8:30		12:00-5:00	Group D	Connie/Amanda
8:30-12:30*	12:00-5:00*		3:30-7:30*		2:30-7:30	Group E and I*	Sara/Mel
11:00-3:00	3:30-8:30		12:00-4:00	3:30-8:30		Group F	Nausikae
3:30-8:30			3:30-8:30		3:30-8:30	Group H	Nausikae
4:30-8:30		4:30-8:30			4:30-8:30	Group J	Andrea
12:00-4:00		12:00-4:00		4:30-8:30		Group K	Andrea
12:00-3:00		4:30-7:30			1:00-4:00	Group L	Emily
4:30-8:40				4:30-8:30		Group M and P	Meghan
	4:30-7:30				1:00-4:00	Group N (Petite elite)	Andrea
9:00-11:30						Group O (Tie Tumblers)	Angela